

# Woman's Page

## LOVE and MARRIED LIFE by the noted author Idah McGlone Gibson

### WHITE VIOLETS.

"What's the matter, Katherine?" asked Helen. "You look as though your letter fussed you." Then I read that the blood was flushing my face. Was it possible that Alice, or anyone, could think that Karl Shepard was in love with me?

"White violets and the word 'For give'!" All those little notes and flowers at the hospital! His interference in John's flirtation with Bess Moreland! Still I could not believe it might be true!

Almost as if in answer to my silent heart questioning Helen said:

"Strange, isn't it, that that band, some Mr. Shepard has been a bachelor so long? Propinquity can not have much force in his case, or he would have long ago fallen in love with some girl of your set."

"Propinquity has two distinct results. A person either grows very fond of another or mutual dislike ensues."

But while I was saying this the phrase "white violets and the word 'For give!'" was floating through my mind.

### Not a Wicked Woman.

I don't think I was a wicked woman because the thought gave me a little joy, a little pleasure, a little warning about my heart. My bruised spirit had been so hurt and torn that the fact that someone in this wide world was ready to pour the balm of adulation upon it was consoling.

However, I still had sense enough to know that in that direction danger lay, and I rose quickly from the table, saying:

"Come on, Helen; I'm going for a long hike. Let's walk up to the inlet and back."

"Splendid!" said Helen, as she adjusted her step to mine, and in a moment we were on the board walk. Helen and I had no need of asking each other if we were real friends. We proved it daily by the long, meaningful silence that fell between us. This morning we covered the distance from the hotel to the inlet without a word. The sun came out gloriously, and long before we reached our objective I had to remove my heavy coat. Much to my surprise, however, I found that my breathing was a little labored, and the first words that I said to Helen were: "I've got to get back into athletic trim. You see I've been months since I have done any of my old stunts. I hope I look as well now as you do." I commented as I turned to her. Her glowing cheeks and brilliant eyes made her appear

like the girl I had known and loved so many years.

### Good to Be Alive.

"Oh, it's good to be alive, isn't it, Katherine?" she said, as her hands went out as if in invitation to the sun and sea.

"Is it?" I asked, and then I added:

"Yes, of course it is. It must be! It shall be!"

Helen silently put her hand on my arm but with rare tact she did not look into my face.

"I'll race you back the first half mile," she said, as she looked quickly down the walk to see if there were many present to be interested in our mad prank.

"All right! Here goes!" I answered. "We started, but before we had some half the way I felt my heart pounding and my breath coming in short gasps. I stopped abruptly and seated myself on a bench beside the walk."

Helen looked around in surprise, and then came back in great contrition. "Oh, my dear, my dear, I forgot that you had not fully recovered from your illness! After your bath this morning you looked the picture of health. For give me, won't you?"

"White violets and the word 'For give!'" Again the words seemed to stare up at me from the white sheet of Alice's letter.

Utterly Vain and Conceited. How foolish! How utterly vain and conceited I am! Certainly if Alice had dreamed of the importance I should attach to her words, she never would have written them!

She could never think anything of this kind or she would not have been so quick to have helped Karl Shepard to make his flower-laden devoirs easy.

My heart would not stop pounding. I grew a little frightened, and I think Helen did also, for she seated herself quickly beside me and threw her arm about me. For a few moments I rested quite relaxed with my head on her shoulder and then my breath began to come less gaspingly. But I still felt a weakness in my knees.

"Helen! I am afraid I won't be able to walk back to the hotel. Shall that police chair and we'll ride."

"I shall never forgive myself, Katherine, if anything happens to delay your recovery while you are with me."

"Senseless, I'm only weak because of my long illness. No one could help getting well in this great atmosphere."

Tomorrow—An Invitation to Dance.

### NOTICE

Notice is hereby given that the annual meeting of the stockholders of the Big Pine Mining company will be held at 8 o'clock p. m., Tuesday, March 2, 1920, at the company's office, 2419 Washington avenue, for the purpose of electing board of directors and the transaction of such other business as may come before the meeting.

FRED J. VICKS, Secretary.

I buy Liberty bonds at highest prices. If you have bonds for sale see me. J. J. Brummitt, 2417 Hudson avenue. Phone 59.

Ignorance is nothing more nor less than refusing to profit by your mistakes.

Call a spade a spade and you may get it in the neck.

## FLU AND COLDS HOW THEY CAN BE PREVENTED

Sleep Well—Eat Wisely—Exercise Regularly—Avoid Persons Having Colds—Don't Worry.

KEEP AIR PASSAGES CLEAR

Inflamed Air Passages Make Ideal Breeding Grounds for Flu Germs.

### Flu This Year is Milder

While we know very little more about the flu than we did last year—the germ itself has never been positively identified—still most authorities agree that the flu germs are bred in the membrane or lining of the air passages in a healthy condition—these germs are thrown off.

A good plan is to melt a little Vick's VapoRub in a spoon at night and morning, and inhale the vapors, also apply a little up the nostrils several times a day, especially just before being exposed to crowds.

### Treat All Colds Promptly

Above all, keep free from colds, as colds irritate the lining of the air passages and make them ideal breeding grounds for germs. Prompt use of Vick's VapoRub aids in preventing colds. For head colds, sore throat or hoarseness, rub Vick's well over the throat and chest and cover with a warm flannel cloth. For deep chest colds, severe sore throat or bronchitis, hot wet towels should first be applied to the throat, chest and back between the shoulder blades to open the pores. Then Vick's should be rubbed in over the parts until the skin is red—spread on thickly and covered with two thicknesses of hot flannel cloth. Leave the clothing loose around the neck, so the vapors, released by the body heat, may be freely inhaled.

These vapors, inhaled with each breath, carry the medication directly to the lungs and air passages. At the same time Vick's is absorbed through and stimulates the skin, thus aiding to relieve the congestion within.

Use of External Treatment for Colds.

Increasing. Vick's VapoRub is the discovery of a North Carolina druggist who found how to combine in Salve form, the standard time tested remedies, Camphor—Menthol—Eucalyptus—Thyme, etc.—so that when the salve is applied to the body heat, these ingredients are liberated in the form of vapors.

Vick's is particularly recommended for children's croup or colds, since it is externally applied and therefore can be used freely and often without the slightest harmful effect.

The best evidence of the value of Vick's is the steadily increasing number of people who have been converted to the use of this "outside" treatment.

Beginning with the customers of a small retail drug store, the use of Vick's has grown—year by year—state until now more than 17 million jars are used annually. And this in spite of the fact that Vick's is a new form of treatment to many folks in the north and west. Vick's can be had at all druggists in three sizes—20c, 60c or \$1.20.—Advertisement.

## HOUSEWIVES TAKING TO THEIR OWN WORK

No phase of the changing era has so affected the intimate life of people everywhere as the disappearance or evaluation of the domestic servant.

A decade ago a very modest household kept its maid and every country recognized a definite "class" which supplied those unenviable posts. The duties of the domestic were varied and arduous. Housemaids' knees were merely a synonym for floor scrubbing and other tasks which, however near to godliness, are depressing enough on the individual concerned.

Then the factories and shops took the domestic; they became like eggs, rare and costly; and today it is quite as much an international problem how to revive the supply of domestic servants as it is how properly to make the Italians and the Yugoslavs love one another.

The American people may do well, however, to note that it is not at all necessary to the national progress that the supply of domestics ever again should exceed the demand. There was a good contributory reason to the vanishing of the domestic, in that the percentage of men and women who by actual choice prefer menial duties is really small.

What had happened was this: every household able to afford to do so transferred the most unpleasant part of its duties to some other person who was not so well off. What has happened is this: every household unable to obtain "help" has discovered that it is not impossible to do things for itself, and the members of the household are themselves performing various duties formerly relegated to the housemaid.

But more than anything else, what is bringing a reasonable solution to the whole problem is modern invention which is taking the sting out of all household work by efficient, time and energy saving devices.

These increase in number and effectiveness yearly, and it does not seem too much to say that a household with modern devices will find domestic help willing to share the actual burden of housekeeping which remains necessary to human hands, with the unpleasant back-breaking humiliating drudgery practically removed.

The housewife has been obliged to recognize that complete escapement from the more unpleasant duties is impossible, and society generally has perceived at last that the idea of a "servant class" always was unfair. Invention has stepped between the two, society and the "help," and made reconciliation possible.

### HOW TRUE IS LIFE!

First Neighbor—Well, the newly-wed's honeymoon is about over.

Second Neighbor—How do you know?

First Neighbor—I saw him kiss her this morning with his hat on his head, his hand on the door knob and his eye on the clock.—Pitt Panther.

## "TROT ALONG" BASKET AIDS SHOPPERS



LONDON—A quaint and unusual shopping basket on wheels has made its appearance in London. It is called the "Trot Along" and is pushed or pulled with the aid of a walking cane for a handle. A child can easily trundle it even with a heavy parcel in it.

## Dorothy Dix Talks

### HOW TO BREAK OFF A MATCH

By DOROTHY DIX, the World's Highest Paid Woman Writer

A woman writes me that her daughter is in love with a man of whom she highly disapproves, and she wants to know how she can break off the match, for the girl is determined to marry her unsuitable suitor.

Of course the only reliable method of preventing an undesirable marriage is to forestall cupid, and prevent young people from falling in love with the wrong parties. It's a case where an ounce of prevention is worth a pound of cure, and if parents' foresight was only as good as their hindsight in sentimental matters, they could save themselves and their children many heartaches.

### Quarantine Your Home

Quarantine your house as rigidly against beautiful girls, and fascinating young men that you do not wish your sons and daughters, to marry as you would against small pox. Keep your young people as far as possible from associating with those whom you deem unworthy of their love.

But there are times when all rules fail, and all precautions are in vain, and when fathers and mothers are forced to nip some youthful fancy in the bud to save their children from the folly of wrecking their lives by making disastrous marriages.

The great difficulty about doing this is that when boys and girls are in love, or think they are in love, they are temporarily insane and beyond the reach of reason. They cannot be argued with because they have lost all judgment, and all perspective on life. They may admit that the argument you advance against their marrying the individuals they want to marry would be cogent in other cases, but they are convinced that their own cases are exceptions.

John will agree that for an educated, cultivated gentleman to marry a frowsy, illiterate woman is to court misfortune, but he is sure that in his case marriage will immediately turn a coarsely pretty servant girl into an accomplished woman of the world. Mary may agree that for any other girl to marry a drunkard and a roue with hectic past is sure to end in disaster, but she is certain her marriage to such a one will bring her nothing but domestic bliss.

### Love Thrives on Difficulties

A still further difficulty is that love thrives on difficulties, and there is no surer way to make a match than to oppose it, and in their anxiety, and their panic at the danger that threatens their beloved child, parents are nearly always betrayed into the fatal step of asserting their authority, and forbidding the bans which precipitates the calamity they dread.

If, therefore, you wish to break off a match never openly oppose it, for that puts the youngsters' backs up and makes them determined to assert their independence, and show that they are not children to be dictated to. Neither be guilty of the folly of continually harping upon the unaged sweet heart's shortcomings. This makes the lover rush to the defense of the girl of whom he is enamored, and not only marshall her every charm and good quality, but manufactures addi-

### Many Ways to Choke Love

There are, however, many ways of choking a cat except upon butter. You will recall that the wily old Major Pendennis, when called upon to break off the match between his nephew and a fascinating but blowsy actress, murmured as he read over her letters:

"Ah, yes, lovely creature, lovely creature. Adore you. I see she spells 'affection' with one 'f', lovely creature, lovely creature."

But that one "f" did for Arthur what all his mother's tears and entreaties and prayers had not been able to do.

### Mother Outwits Son

A certain mother, whose young son imagined himself in love with a very common girl, was aghast when the boy announced his choice of a wife. She did not bat an eye, however, when he delivered the blow that dashed all of her hopes for him to the ground.

"Whatever is for your happiness, is for mine," she said. Living Willabella to stay with us at once! Joyously the boy brought Willabella, but prudent mother had filled the house with the most beautiful and charming young girls of her acquaintance, and when the boy saw Willabella against this background instead of her own, the scales fell from his eyes and he was disenchanted.

He perceived what no argument could have convinced him of, that he would be eternally ashamed of her, that they had nothing in common, that she did not belong to his world. She did not even know how to hold her fork, or eat soup. Still less how to dress, or talk like a gentlewoman. And Willabella was as bored as the boy, and glad enough to return to her own kind.

### Overdose For Young Girls

Another mother, who has said several of her children from making foolish marriages, claims that there is no other such cure for love sickness as giving the couple an overdose of each other's society. Especially in hot weather. She avers that three days of uninterrupted talking will break up any match.

Still another mother, whose daughter was fascinated by an undesirable suitor, brought her batteries to bear upon the man instead of the girl.

Mother Disillusions Suitor. "It is such a comfort to me to think of Maud marrying a man who will cherish her as I'm sure you will," mother confided to him "for Maud isn't at all strong, and couldn't possibly attend much to the housekeeping, or worry over the prices of things as so many men expect their wives to do, and it would be quite out of the question for her to do such a thing as cook."

In fact she doesn't know the first thing about any housework, or sewing, or anything of that sort. I am afraid I have rather spoiled her by always letting her have her breakfast in bed. And the dear child is so extravagant. Really her bills are something awful, but I know you will want to indulge her in everything. And you are so patient, and Maud has such a quick temper, though she has the best heart in the world and never means the dreadful things she says when she is angry."

But somehow, after this little con-

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Oh, how he likes them! He wants big helpings and wants 'em often and doesn't care who knows it!

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Indence, mother says the man seemed reconciled not to be her son-in-law. These few suggestions are offered for what they are worth. Perhaps they may throw some light on how to break off a match.

Dorothy Dix's articles appear regularly in this paper every Monday, Wednesday and Friday.

Even worthless man is worth more to himself than to an undertaker.

If a girl refuses to wear a short skirt it's a sign that she hasn't small feet.